

From both St. Mary's and St. Cecilia's churches: Please remember especially in your prayers....

Pat Lawrence, John Turnbull, Doreen Duffy, Pat Hendy, Valerie, Janet Buckland, Jackie Turner, Rebecca Amundsen, Avril Hogg, Simon Nyoike, Margaret Graham, Maureen Walton, Catherine Marshall, Molly South, Nicholas Wilson, Stephen Hall, Eddie Ashburner, Jean Liddle, Ann-Marie Rain, Christopher Browne, Norah Morris, Luca, Peter, Clara, Patrick Barraclough Cecilia Harper; Molly Donkin, Patricia Rutter, Ann Felton, Kathleen Conlon, Dorothy Thompson, Jean Ashurst, Hilda, Ronnie Mitchinson, Brian & Carole Lathaen, Alan Conniffy, Ronnie Mitchinson, Peter Sassi, Margaret Spoors, Janice Connaughton, Terry Murton, Trish Boggan, Edith and Tom Simmons.

Parish Lottery

Please don't forget that we have a parish lottery each week, which is just one pound to enter. Newsletter was printed before the draw this week, so please check to see if you are a winner. If you would like to sign up and be entered in the draw, then please do so, all profits go to the parish.

Dementia or Alzheimer's

Holy Rosary Parish centre host a Day centre every Friday from 10am – 2pm, for anyone living with dementia and Alzheimer's. Activities include: Arts and crafts, singing, bingo, bingo and light meal. Only £20 per person and this includes a full meal.

Mother and Toddlers

We have a mother and toddlers group that meet in St. Cecilia's Parish Hall every Tuesday from 9am -11.30am. Please spread the word to anyone with young children that they would be most welcome.

Alcoholics Anonymous

If alcohol is costing you more than just money then call AA for help. The Sunderland helpline is: 0191-5334434.

Weight Watchers

Could you do with losing a few pounds? (Then put it in the collection!) But if you would like to lose a little weight this summer, and get beach body ready, weight watchers runs every Saturday and Sunday morning from 9am in St. Mary's Parish Centre.

The Parish Office is usually open Monday – Friday, 9.30am – 11.45 am. Sister Raphael will endeavour to assist with all relevant enquiries, including Baptism and Marriage enquiries, Mass Intentions, Planned Giving & Gift Aid donations and any forthcoming events in St Mary's and our Parish centre.

Thank you for being here

Over 60's

Can I remind you all that we have a wonderful over 60's group operating from St. Mary's Parish centre every Tuesday after the 12.05pm Mass. It is always open to new people coming along, so why not give it a try? You could be enjoying the fun, games, bingo or just a nice chat. All welcome.

The Ten Commandments

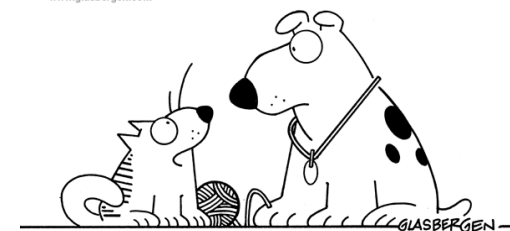
*Thou shalt have no other Gods before me
Thou shalt not make unto thee any graven image
Thou shalt not take the name of the Lord thy God in vain
Remember the Sabbath day, to keep it holy
Honor thy father and thy mother
Thou shalt not kill
Thou shalt not commit adultery
Thou shalt not steal
Thou shalt not bear false witness
Thou shalt not covet*

Leeds Retreat for students

This retreat for any other students that would like to go, will be on February 21st – 23rd at Leeds Trinity University. It costs thirty-five pounds to come along, which includes everything. You will need to bring a sleeping bag. To book, please see Mary or Father Marc ASAP.

'Do things for people not because of who they are or what they do in return, but because of who you are'. – Mother Teresa.

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"My parents believe that a cat has 9 lives, but I'm not as religious as they are."

Parish Bank Details

If you would like to set up a STANDING ORDER with your bank and your parish; here are the details: Our HSBC Account, (Newcastle branch), is this:
Sort Code: 40-34-18
Account Number: 84456955

The Upper Room

The Upper Room, upstairs in the Parish Centre, is open during the week for Students of Sunderland University. With free Wi-Fi and tea/coffee, study space, and a chill out zone, students are welcome to use this space free of charge. Hope of the Catholic Society, all students welcome.

GOD GRANT ME THE
Serenity
TO ACCEPT THE THINGS
I CANNOT CHANGE:
Courage
TO CHANGE THE
THINGS I CAN:
AND *Wisdom*
TO KNOW THE DIFFERENCE.



Can you house a Refugee?

Do you have a spare room? We are looking for people to give short term help to destitute asylum seekers.

Your role will be to provide your guest with: 1) A warm, supportive and safe living environment. 2) A bedroom, clean bedding and towels. 3) Laundry and bathroom facilities. 4) A meal on the first night. Hosts will be given constant support and review. Application forms can be found online:

www.actionfoundation.org.uk. Or you can ring Vicki

All Souls Day - Memorial Candles

While we carry on our daily duties, the lighted candle burns as a constant prayer. The candle 'keeps vigil' in the church while we cannot be present.

On All Souls Day, Thursday 2nd November, candles will burn in St. Mary's in memory of our deceased friends and loved ones. If you would like a candle in memory of a deceased loved one, please take one of the envelopes at the back of church, and write the name of the person you wish your candle to burn for on the outside. Place your £3 donation inside and put it in Sunday's offertory plate or through the door of Priest's House before

Sunday 29th Oct. You may also like to include a small photo of your loved one which will be used in a display. All names will be written in a Memorial Book, which will be displayed with the candles on All Souls Day and the following Sunday.

Remembering those who have died - November Masses for the Dead

You are invited to write the names of those you wish to remember on the green sheets provided at the back of church, and place them in the special envelopes titled *Month of the Holy Souls - November Dead List*. Offerings for these Masses should also be placed in the envelopes with the list of names.

The envelopes can be put on the offertory plate at Sunday Masses or handed into the priests House. The names will be placed in a basket near to the Altar during all Masses offered for the Holy Souls during November.

Prayer Group

All are welcome in St. Mary's for a Holy Hour on Thursday Evening 7pm-8pm. This is in the Mercy Chapel and the Holy Hour will be led by our young people. Please do come and support them

The gift aid scheme is open to anyone who is a UK tax payer and offers the opportunity for people to increase the value of their offering by allowing the parish to claim back the tax they have already paid on their donations. In effect it is 'free money' for the Church, all you need to do is sign up and put your offering in an envelope at Mass. Call the office if interested.

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"An evangelizer must never look like someone who has just come back from a funeral." Pope Francis

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We are called to EVANGLISE and lead others to Christ!

HOST is looking for kind, friendly, hospitable people who are inspired by the idea of welcoming an international student at university here, far from his or her own family, to their home. This could be for a day, a weekend or Christmas, and you don't need to live near a university, as students will travel for the privilege of meeting you, learning about real life in this country, and sharing their own culture. HOST is a voluntary activity which makes ambassadors for international goodwill of us all. Please see www.hostuk.org or call HOST Office on 0207 739 6292.

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Gift Aiding your contributions

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Memorial Candles – Please feel free to take your memorial candles home after Sunday Mass next week.

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A special word of welcome to any visitors in our Parish today. Especially to any new students who have come to the University of Sunderland this year.

**IF YOU'RE
WAITING
FOR A SIGN
THIS
IS IT.**

